



# 2025 TRAINING SCHEDULE

	Monday	Tuesday	Thursday	Friday	Saturday
Mini	3:30 – 4:30PM	5:45 – 6:30PM	3:30 – 4.30PM	3:30 – 4.30PM	7:00 – 8:00PM
Bronze	3:30 – 4.30PM	5:45 – 6:30 PM	3:30 – 4.30PM	3:30 – 4.30PM	7:00 – 8:00PM
Silver	4:30 – 6.00PM	5:15 – 7:00AM 4:15 – 5:45 PM	4:30 – 6.00PM	5:15 – 7:00AM 4:30 – 6:00PM	6:00 – 8:00PM
Gold	4:30 – 6.30PM	5:15 – 7:00AM 3:45 – 5:45 PM	4:30 – 6.30PM	5:15 – 7:00AM 4:30 – 6:30PM	6:00 – 8:00PM

Please note, training times are subject to change. To stay up to date, members are asked to sign up to Team App.

